A989 HACK SQUAT

The SportsArt A989 Hack Squat provides a stable platform for developing the quadriceps, glutes and surrounding lower-body muscles. An adjustable backrest, thick shoulder pads and multiple starting positions accommodate different users, while the large footplate allows varied stance placement and the safety lever supports confident operation.

KEY FEATURES

- **Adjustable back rest height**
- **Easy release safety leaver**
- **Manufactured to meet EN ISO 20957 / ASTM F2276 standards**



**Upholstery Updated Q3 2026*

TECHNICAL DETAILS	
Unit Weight	377 lbs / 171.4 kg
Dimensions (LxWxH)	89.4 x 61.3 x 58.7 in / 227 x 155.6 x 149 cm
Max Exercise Weight	880 lbs / 400 kg
Max Weight Storage	792 lbs / 360 kg
Features	4 weight horns for plate storage 2 extended weight horns on weight sled Stainless steel guide rods resist rust and stay smooth Shoulder pads provide comfort Heavy-duty double-stitched upholstery Strengthens lower extremity musculature Large foot plate allows user to define proper foot placement Plate storage allows user to quickly add or subtract weight

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Guide Rods	5 Years
Bearings & Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 months
Labor	1 Year

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