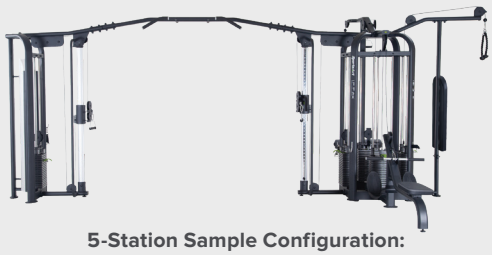
MS-101
SELECTORIZED MULTI-STATION

Maximize workout options and floorspace with the MS-101 from SportsArt. This versatile and durable 4-stack strength machine comes standard with a cable tower. The remaining three stations can be configured however you want—choosing any combination of cable tower, tricep pushdown, dual lat pulldown or low row. Connect to another MS-101 for eight stations or connect to the MS-101 Cable Crossover Station for a five-station option. Features include 220lbs (100kg) weight stacks, magnetic selector forks, adjustable pulley height, large nonskid footpads and adjustable thigh pads.

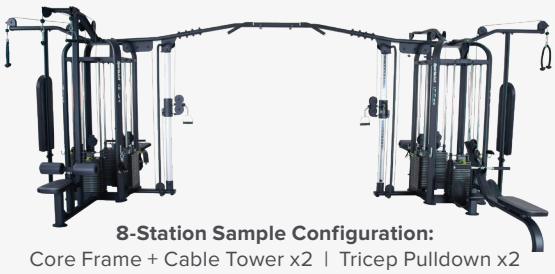
4-Station Sample Configuration:
Core Frame + Cable Tower | Tricep Pulldown | Low Row | Dual Lat Pull Down

TECHNICAL DETAILS	
Main Frame Unit Weight	168.7 lbs / 76.7 kg
Main Frame Dimensions (LxWxH)	32.2 x 32.2 x 80.5 in 81.9 x 81.9 x 204.4 cm
Weight Stacks	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Station Unit Weights	Low Row: 300.9 lbs / 136.5 kg Lat Pulldown: 316.36 lbs / 143.5 kg Tricep Pushdown: 281.1 lbs / 127.5 kg Cable Tower: 300.9 lbs / 136.5 kg
Station Dimensions	Low Row: 64 x 25.8 x 81.4 in / 162.8 x 65.5 x 206.7 cm Lat Pulldown: 44 x 27.2 x 90.6 in / 112 x 69.2 x 230.2 cm Tricep Pushdown: 36.9 x 12.8 x 92.6 in / 93.6 x 26.5 x 234.8 cm Cable Tower: 31.2 x 23.7 x 84.6 in / 79.3 x 60.2 x 214.9 cm
Features	Comes standard with a cable tower with remaining three stations can be configured with any combination of cable tower, tricep pushdown, dual lat pulldown or low row Connect to another MS-101 for eight stations or connect to the MS-101 Cable Crossover Station for a five-station option. Magnetized stack-fork with retracting tether makes for instant, secure selection of weights Deep-groove, 5 inch shrouded pulleys provide faultless cable tracking Cold rolled steel weight stacks with noise dampening Stainless steel guide rods resist rust and stay smooth Internally lubricated 1,500 lb. steel aircraft cables provide quiet, smooth operation

STATION EXPANSIONS



5-Station Sample Configuration:
Core Frame + Cable Tower | Tricep Pulldown | Low Row
Dual Lat Pull Down | 5th Station Cable Tower + Connection Bar



8-Station Sample Configuration:
Core Frame + Cable Tower x2 | Tricep Pulldown x2
Low Row x2 | Dual Lat Pull Down x2 | Connection Bar

MS-101 CABLE CROSSOVER STATION TECHNICAL DETAILS	
Unit Weight	382.8 lbs / 174 kg
Unit Dimensions	119.1 x 82.0 x 217.0 cm / 46.9 x 32.3 x 85.4 in
Weight Stack	220 lbs/ 100 kg

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