DF307
ASSISTED CHIN-UP TRICEP DIP



The SportsArt DF-307 Assisted Chin-Up/Tricep Dip supports progressive training for the back, shoulders, chest and arms. Its folding assistance pad can offset body weight or move out of the way for unassisted exercise, while rotating dip handles and integrated steps improve accessibility and user positioning.

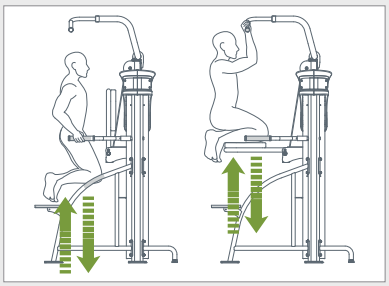
KEY FEATURES

- Fold-away assist pad to offset user weight
- Rotating dip handles for width adjustment
- Plate increments: 20 x 11 lbs (5 kg)
- Integrated step assists for safety and user accommodation

TECHNICAL DETAILS	
Unit Weight	478.4 lbs / 217 kg
Dimensions (LxWxH)	49.8 x 41.4 x 86.3 in / 126.4 x 105.2 x 219.1 cm
Weight Stack	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	14 lbs / 6.5 kg
Features	5 inch deep groove POM pulleys provide consistent cable tracking 14-gauge machine welded frame Stainless steel guide rods resist rust and maintain smooth operation Heavy-duty cushions featuring double-stitched upholstery Multiple adjustment points for maximum customization Manufactured to meet EN ISO 20957 / ASTM F2276 standards

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Weights & Guide Rods	5 Years
Cables, Belts, Bearings & Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Integrated weight assist platform offsets the users body weight while doing dips or pull-ups, maximizing reps and reducing fatigue



Stacks feature sound dampeners and magnetized selector fork for maximum stability

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