ECO-NATURAL™ ELITE

C574U UPRIGHT CYCLE



The SportsArt C574U Upright Cycle delivers efficient, user-friendly cardio in a sleek, self-powered design. A low-profile shroud supports easier access, while horizontal and vertical seat adjustments help users achieve proper positioning for a comfortable ride. Fingertip resistance controls make it easy to adjust intensity throughout the workout, with 40 resistance levels providing plenty of training variety. As an ECO-NATURAL™ Elite Series model, the C574U requires no external power, offering greater placement flexibility while helping facilities reduce energy use.

KEY FEATURES

- **Horizontal and vertical seat adjustment**
- **Contact HR sensors**
- **Self-powered**
- **Manufactured to meet EN ISO 20957 / ASTM F2276 standards**

TECHNICAL DETAILS

Unit Weight	188.5 lbs / 85.5 kg
Dimensions (LxWxH)	48 x 24.3 x 59.6 in / 121.9 x 61.7 x 151.3 cm
Resistance	40 Levels
Power Requirements	N/A
Plug Requirements	N/A
Max User Weight	450 lbs / 205 kg
Readouts	Heart Rate, RPM, Resistance, Time, Distance, Speed, Calories
Workout Programs	Manual, Random, Interval (3), Plateau, Fitness Program, Weight loss, Cardio
Features	Multi-point seat adjustment Low-profile shroud Fingertip controls Self-powered

WARRANTY*

Type	Commercial no usage limit	Light Commercial ≤ 6 hrs/day
Frame	Lifetime**	Lifetime**
Parts	3 Years	5 Years
Wear Items	3 Years	5 Years
Labor	3 Years	3 Years
High Wear Items	90 days, no labor	90 days, no labor

CLOSER LOOK



Fingertip controls



Multi-point seat adjustment

 ©2026 SPORTSART. ALL RIGHTS RESERVED