UB521M

BI-LATERAL UPPER BODY ERGOMETER



The UB521M Bi-Lateral Upper Body Ergometer supports seated, standing, and wheelchair-accessible rehabilitation. Bi-directional resistance and handles that rotate 180 degrees allow users to train with opposing or synchronized arm motion. A roll-away seat carriage, four adjustable range-of-motion settings, low starting resistance, and a tilting console help accommodate varied therapy needs. Its belt-drive system provides smooth, quiet transitions between forward and reverse movement, with optional wheelchair access and stabilization accessories available.

KEY FEATURES

- Bi-directional resistance for varied exercise and therapy sessions
- Hand crank position rotates 180° for opposing or in unison arm motion
- Roll away seat carriage for wheelchair patients and optional wheelchair platform
- Adjustable ROM radius with 4 settings at 6.5”, 7.5”, 8.5” and 9.5”
- Belt drive offers quiet, smooth operation with seamless transition between forward and reverse motion
- Tilting console and pivoting display offer customized fit for most users in seated or standing position

TECHNICAL DETAILS

Unit Weight	264.6 lbs / 120 kg
Dimensions (LxWxH)	69.3 x 31.5 x 75 in / 176 x 80 x 190.5 cm
Power Requirements	15A / 120v AC - Grounded 220V / 50Hz
Plug Requirements	Contact your sales rep for specific requirements
Resistance Levels	1 to 20 in 0.1 increments, providing 191 distinct resistance levels
Max User Weight	500 lbs / 227 kg
Readouts	Workout Level, Calories, Time, RPM, Distance, METs, Watts, Speed, Heart Rate, Cardio Advisor/WT Loss
Workout Programs	Custom Interval, Random, Hill, Track, Iso Kinetic, Iso Strength, Custom HR, Cardio/Weight Loss, Custom HR, ActivZone
Features	Bi-directional handles Vertically adjustable seat Low starting resistance (< 5 watts) Manufactured to meet EN ISO 20957 / ASTM F2276 standards
Optional Features	Wheelchair ramp Wheelchair tie down Grip assist gloves

WARRANTY*

Type	Full Commercial - no usage limit
Frame	Lifetime**
Parts	5 Years
Labor	3 Years
Wear Items	5 Years

SPECIAL FEATURES



Bi-Directional Handles

CONSOLE

OPTIONAL FEATURES



Wheelchair Ramp

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