DF303
LAT PULLDOWN/MID ROW

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

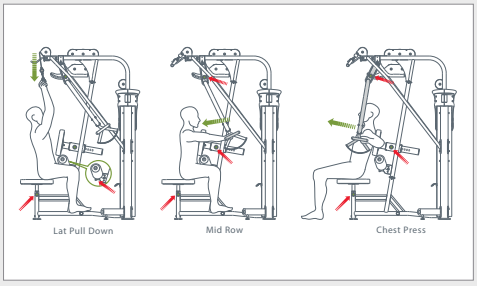
KEY FEATURES

- **Multi-position handlebars work different areas of the back**
- **Adjustable seat and chest pad to accommodate different heights**
- **Plate increments: 8 x 11 lbs (5 kg); 8 x 16.5 lbs (7.5 kg)**
- **Foot rests for stabilization**

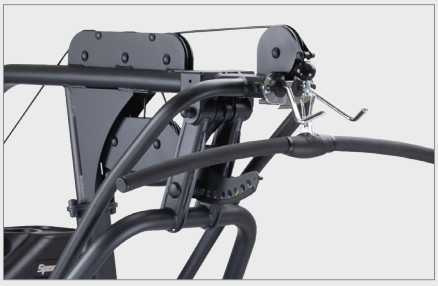
TECHNICAL DETAILS	
Unit Weight	490.5 lbs / 222.5 kg
Dimensions (LxWxH)	60.4 x 44.6 x 89.1 in / 153.3 x 113.4 x 226.3 cm
Weight Stack	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	Lat Pull Down: 15.4 lbs / 7 kg Mid Row: 10 lbs / 4.5 kg Chest Press: 22 lbs / 10 kg
Features	5 inch deep groove POM pulleys provide consistent cable tracking 14-gauge machine welded frame Stainless steel guide rods resist rust and maintain smooth operation Heavy-duty cushions featuring double-stitched upholstery Multiple adjustment points for maximum customization

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Weights & Guide Rods	5 Years
Cables, Belts, Bearings & Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Innovative pulling arm has an additional setting to allow for chest press, increasing the number of available exercises

Stacks feature sound dampeners and magnetized selector fork for maximum stability

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