N931
ABDOMINAL CRUNCH



The SportsArt N931 Ab Crunch engages the core through a natural, coordinated upper- and lower-body movement. Its counterweighted pivoting seat delivers a fluid range of motion, while supportive padding stabilizes the body and helps isolate the abdominal muscles.

KEY FEATURES

- Counter-weighted pivoting seat delivers a fluid range of motion
- Converging upper and lower body action engages more core muscles in one natural movement
- Back support keeps body stable to isolate abdominal muscles
- Incremental 3.3 & 6.6 lbs (1.5 & 3 kg) micro-loading adjustment

TECHNICAL DETAILS	
Unit Weight	613.8 lbs / 279 kg
Dimensions (LxWxH)	44.2 x 53.1 x 60.4 in / 112.3 x 134.8 x 153.5 cm
Weight Stack	264 lbs / 120 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	13.2 lbs / 6 kg
Features	Strengthens core musculature End range of motion prevents excessive and harmful spine extension Converging upper and lower body segments fully activates abdominals Magnetized stack-fork with retracting tether makes for instant, secure selection of weights Cold rolled steel weight stacks with noise dampening Stainless steel guide rods resist rust and stay smooth Kevlar belts for quiet, smooth action and optimal tensile strength; belt contains 2200 lb (998 kg) tensile strength aircraft cables. Heavy-duty double-stitched upholstery Durable European-styled cushions Manufactured to meet EN ISO 20957 / ASTM F2276 standards

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Weights & Guide Rods	5 Years
Cables, Belts, Bearings & Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

CLOSER LOOK



Weight Selector Fork

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