

# C521M

## RECUMBENT CYCLE

Semi-recumbent positioning, extreme comfort and many pedaling options make the C521M a perfect choice for multiple patient types, especially for those with knee and hip ROM limitations.

### KEY FEATURES

- Bi-directional pedaling for better flexibility and rehab variations
- Adjustable cranks to vary pedal rotation for one or both sides
- Reclining seat back and pivoting arm rests for ultimate fit and comfort
- Cool mesh seat back with lumbar pouch for heat and cold pack therapy
- Ultra low start up resistance for infirm or deconditioned users



### TECHNICAL DETAILS

<b>Unit Weight</b>	183 lbs / 83 kg
<b>Dimensions (LxWxH)</b>	66.5 x 26.4 x 50 in / 169 x 67 x 127 cm
<b>Resistance</b>	20 levels with 0.1 increments
<b>Max User Weight</b>	450 lbs / 205 kg
<b>Power Requirements</b>	15A / 120V AC / grounded 220V / 50HZ
<b>Plug Requirements</b>	Contact your sales rep for specific requirements
<b>Readouts</b>	Workout Level, Calories, Time, RPM, Distance, METs, Watts, Speed, Heart Rate, Target Heart Rate
<b>Workout Programs</b>	Hill, Custom Interval, Manual, Track, Random, Cardio/Weight Loss HRC, Custom HR, Iso Kinetic, Iso Strength, 4 User IDs
<b>Features</b>	Step-through design Bi-directional resistance Fold up arm rests Adjustable cranks 4 bar seat carriage pivots Resistance range in watts
<b>Optional Features</b>	Therapeutic Pedal Equipment mat: 2.5' x 5' Heart rate chest strap

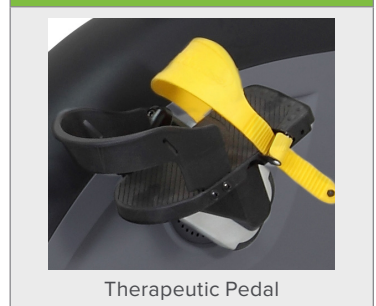
### WARRANTY\*

<b>Type</b>	Full Commercial - no usage limit
<b>Frame</b>	Lifetime**
<b>Parts</b>	5 Years
<b>Wear Items</b>	2 Years
<b>Labor</b>	3 Years

### CONSOLE



### OPTIONAL FEATURES



### SPECIAL FEATURES

