A975 REAR KICK

The SportsArt A975 Rear Kick provides focused training for the glutes and hamstrings through a stable, controlled movement. An adjustable chest pad accommodates different users, while secure hand grips and a non-slip foot platform help maintain proper positioning throughout the exercise.



KEY FEATURES

- **Adjustable chest pad**
- **Manufactured to meet EN ISO 20957 / ASTM F2276 standards**

TECHNICAL DETAILS	
Unit Weight	194.7 lbs / 88.5 kg
Dimensions (LxWxH)	54.2 x 45.7 x 56.1 in / 137.7 x 116 x 142.5 cm
Max Exercise Weight	275 lbs / 125 kg
Max Weight Storage	550 lbs / 250 kg
Features	Adjustable chest pad fits variety of users Heavy-duty double-stitched upholstery Spring-lock release knobs make for easy seat back adjustment Weight horns for ample plate storage Strengthens glutes and hamstrings

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

 ©2026 SPORTSART. ALL RIGHTS RESERVED