A978
WIDE CHEST PRESS

The SportsArt A978 Wide Chest Press develops the chest, shoulders and triceps through a broad, biomechanically designed pressing movement. Independently moving arms promote balanced training, while the adjustable seat and angled handles help accommodate different users and reduce joint stress.



*Upholstery Updated Q3 2026

KEY FEATURES

- **Adjustable seat height**
- **Manufactured to meet EN ISO 20957 / ASTM F2276 standards**

TECHNICAL DETAILS	
Unit Weight	253 lbs / 115 kg
Dimensions (LxWxH)	74.2 x 55.9 x 66.9 in / 188.5 x 142 x 170 cm
Max User Weight	500 lbs / 227 kg
Max Weight Storage	1100 lbs / 500 kg
Features	Independently moving arms improves strength training balance Adjustable seat height fits variety of users Heavy-duty double-stitched upholstery Spring-lock release knobs make for easy seat height adjustment Weight horns for ample plate storage Strengthens upper chest, front deltoid, and triceps

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

©2026 SPORTSART. ALL RIGHTS RESERVED