

C565R

RECUMBENT CYCLE

With self-powered engineering, the C565R recumbent cycle is the epitome of function and value for any fitness facility. Magnetic resistance results in a smooth and quiet ride and a unique step-through design provides easy access. With 15 resistance levels and electronic resistance control, workouts can be as intense as the user wants. A variety of preset workouts and data readouts keep the user engaged and informed. Simple horizontal and vertical seat adjustment allows the user to easily change the seat position while exercising. Providing an effective low-impact, total-body cardiovascular and strength workout, the C565R recumbent cycle empowers users of any fitness level to experience the many benefits of exercise.



KEY FEATURES

- Convenient seat adjustment handles are easy to reach while exercising
- Oversized pedals feature quick strap adjustment for easy customization
- Unique step-through design allows easy access

TECHNICAL DETAILS

Unit Weight	156.2 lbs / 71 kg
Dimensions (LxWxH)	65.8 x 25.6 x 49.9 in / 167.1 x 65 x 126.8 cm
Resistance	14 Levels
Max User Weight	400 lbs / 181.4 kg
Power Requirements	Self-powered
Plug Requirements	N/A
Readouts	Heart Rate, Cardio Zone, Weight Loss Zone, Calories, Resistance, Time, Distance, Cal/Hr, Mets, Speed, Rpm, Human Watts*
Workout Programs	Manual, Random, Interval (3), Plateau, Fat Burn, Fitness Test, Heart Rate Programs
Features	CSAFE port USB-C charging Cardio advisor displays Wireless heart rate
Optional Features	SA WELL+™ workout tracking function

WARRANTY*

Type	Light Commercial
Frame	Lifetime**
Parts	5 Years
Wear Items	5 Years
Labor	3 Years
High Wear Items	90 days, no labor

CONSOLE



LED Console

SPECIAL FEATURES



Self-Powered